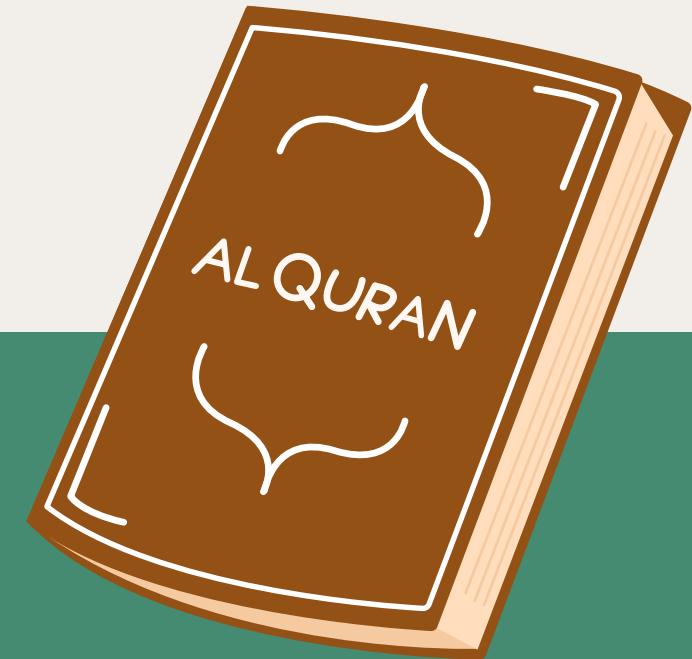


Importance of Namaz

Ijlas e Aam May 2026

الْمَّ۝ {٢} ذَلِكَ الْكِتَبُ لَا رَيْبٌ فِيهِ۝ هُدًى لِلْمُتَّقِينَ۝ {٣} الَّذِينَ يُؤْمِنُونَ بِالْغَيْبِ
وَيُقِيمُونَ الصَّلَاةَ وَمِمَّا رَزَقْنَاهُمْ يُنْفِقُونَ۝ {٤} وَالَّذِينَ يُؤْمِنُونَ بِمَا أُنْزَلَ إِلَيْكَ وَمَا
أُنْزَلَ مِنْ قَبْلِكَ۝ وَبِالْآخِرَةِ هُمْ يُوْقِنُونَ۝ {٥} أُولَئِكَ عَلَى هُدًىٰ مِنْ رَبِّهِمْ وَأُولَئِكَ
هُمُ الْمُفْلِحُونَ۝ {٦}

Quran 2:2-6)



Alif Lam Mim. (I am Allah, the All-Knowing)

This is a perfect Book; there is no doubt in it; it is a guidance for the righteous,
Who believe in the unseen and observe Prayer, and spend out of what We have provided
for them;

And who believe in that which has been revealed to thee, and that which was revealed
before thee, and they have firm faith in what is yet to come.

It is they who follow the guidance of their Lord and it is they who shall prosper.

Saying of the Holy Prophet (saw)



It is narrated in a Hadith that a company of men who had just accepted Islam requested the Holy Prophet (peace and blessings of Allah be on him) to be exempted from the Salat. He observed: A religion that does not demand action is no religion at all!

(Essence of Islam, vol. 2, p. 297)



Saying of the Promised Messiah (as)

Remember! Prayer (Salat) is such a thing that it brings order to both worldly and spiritual affairs.

Prayer is such that by offering it, it protects a person from all forms of immorality and indecency. However, as I have explained before, achieving this level of prayer is not within human control alone. This cannot be attained without God's help and assistance, and until one engages in constant supplication, he cannot attain such humility and submission. Therefore, your days and nights—every moment—should never be void of prayers and supplications.



BENEFITS OF SALAT

Hazrat Khalifatul
Masih V (aa) states:

“ Salat is the
primary source of
purifying the self.

HOW TO DEVELOP THE HABIT OF SALAT



DETERMINATION

1

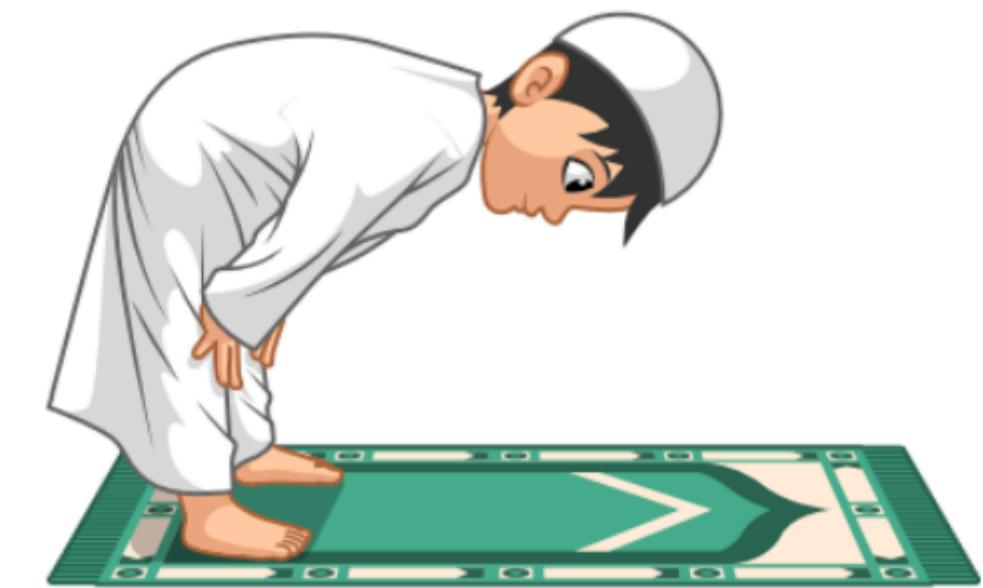
It is important for one to make up his mind and have the intention and determination that he will offer his prayers. Without this, action is not possible.



PHYSICAL ACTION

2

After intention, one needs to physically make an effort to offer prayer. Eg. physically getting up when the time for prayer comes, or performing ablution, or walking towards the mosque.



IMPLORING ALLAH'S HELP

3.



Request Allah the almighty that we are weak, so please help us focus in Namaz. Best way is to keep reciting

إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ ﴿٥﴾
إِهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ﴿٦﴾

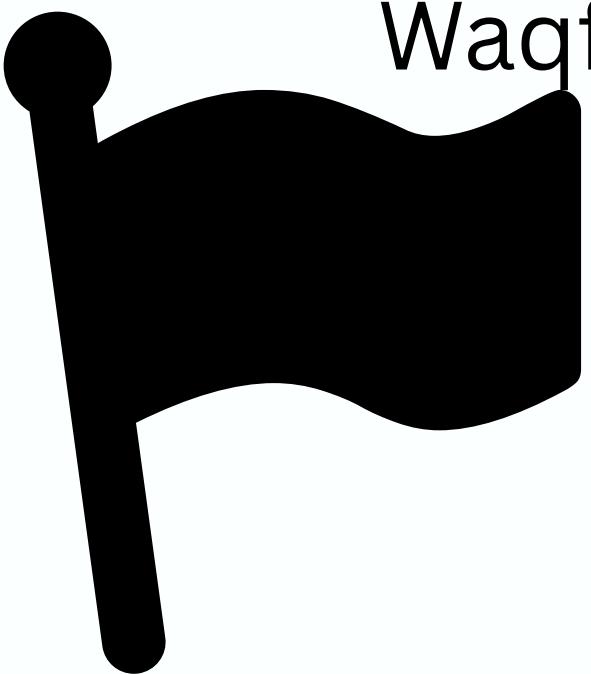
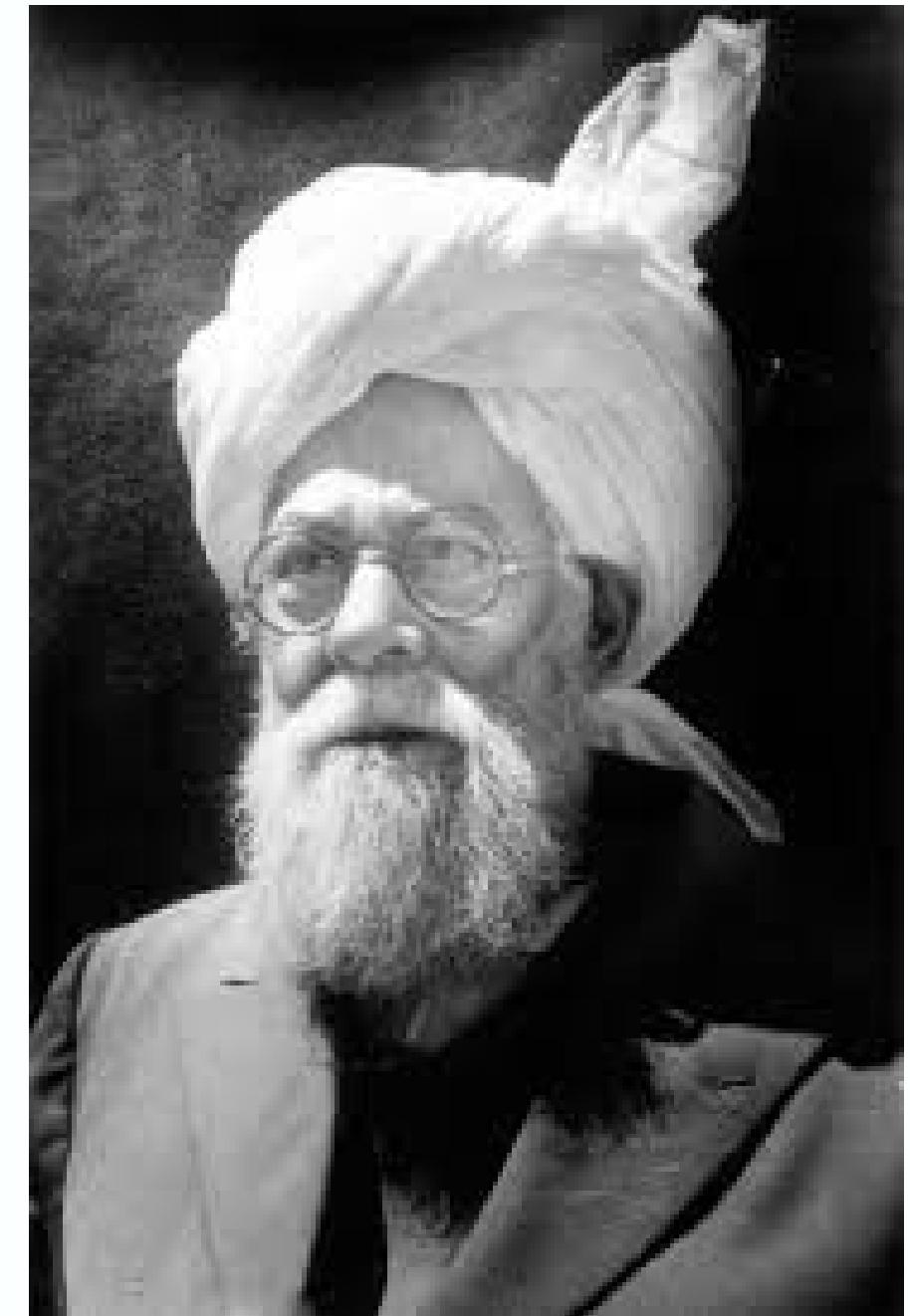
“Thee alone do we worship and Thee alone do we implore for help. Guide us in the right path.”

**WHAT PERSONALLY
HELP YOU FOCUS IN
NAMAZ?**



Waqf-e-Jadid

- Started in **1957** by Musleh Maud (ra)
- To spread Islam and Ahmadiyyat in the remote areas
- Training Mubaligh and teachers
- Hazrat Khalifa-tul-Massih V (aba) had expressed a great wish to include children in Waqf-e-Jadidas



Question / Answer session



Silent prayer

May Allah enable us to reap the benefits of Salat, Ameen!